

2012 LAND TEAM ORIENTATION GUIDE

Welcome to the BC Mission Boat Society

We are so excited that you have made a commitment to be part of our ministry. We look forward to the adventures that we will experience as we share God's love to those we meet, our team and with ourselves. Past volunteers have found their mission experience to be life changing and spiritually renewing as they come to see God's presence more clearly in events and people they meet. But we must be upfront with you, like any adventure there will be challenges and struggles as we step out of our comfort zone, strive to work as a team, live in and understand a different culture.

This Orientation Package has been designed as the first step to inform and prepare you for some of the new, exciting, and challenging experiences you will face during your mission trip. Please dive in and read this material as we seek to inform you with the who, what, when, where and whys of your mission trip. We are only able to move on to the second step of training, which will take place in Parksville, with the understanding that you have read this package. Please help hold your team members accountable in this process.

Our Vision, Mission and Statement of Faith

All who volunteer with our ministry work in agreement with our Vision, Mission and Statement of Faith

Vision:

"Connecting people in coastal British Columbia communities with God's love."

Mission:

"Working together to make God's love in Christ known through serving, building relationships, and personal growth."

Statement of Faith:

- We believe in the Triune God; Father, Son and Holy Spirit. (Matthew 28:19)
- We believe that the Bible is God's true inerrant Word given to us through writers inspired by the Holy Spirit that we might know God and His will for our lives. (2 Timothy 3:16 and 17)
- We believe that we are justified before God by His grace, through faith in Christ Jesus and we believe that no human works of our own attribute to salvation. (Ephesians 2: 8 and 9)
- We believe that the means by which the grace of God reaches our hearts, minds and souls are through His Word and Sacraments (Baptism and the Lord's Supper).

Preparation

Participating in this land based mission trip means that you are part of the ongoing spiritual growth and outreach that the BC Mission Boat seeks to provide to the community we are serving. Entering a new community you may find things quite different from the community you live in. Because this is both true for a personal and team model we will break this section into these two specific areas.

Personal Prep

We believe that personal preparation is one of the great things that you can do to get ready for your mission trip. Below we have listed 7 ways that we would ask you to prepare yourself, prior to your mission trip.

- <u>**Pray**</u> Start praying now for your excitements, travel, fears and the people that you will be in ministry too. We also urge you to find 5 people to pray for you while you prepare, during your mission trip, and post trip. This maybe your pastor, family, close friends, or teammate.
- **<u>Read the bible</u>** We cannot stress enough the importance of being in the bible daily. In your preparations, please seek to find time daily to be absorbed and embraced by God's word.
- <u>Open minded</u> We ask that you approach your mission trip and community with an attitude of respect and open-mindedness; work to put aside any pre-conceived ideas and be open to see God's beautiful in the people and experience you will have.
- **<u>Read all materials</u>** We understand that many of you are busy and the task of reading a lot of material can be daunting. We work to respect that by trying not to waste your time with extra materials and fluff. We would ask that you would respect us and your mission trip by reading all materials in response.
- <u>Talk</u> We ask that you talk with your pastor, family, friends or others that have been on a mission trip or especially a BC Mission Boat Society trip. We find that these individuals often are able to add some neat insight and reflection from past experiences. These people often times make great prayer partners.
- <u>Posture</u> This is the way in which you carry yourself, act, or present yourself. Take a moment to see if there are any areas that you need to pray about and change. We understand that this maybe a challenging area to process and work on. This is a very important area on your mission trip as the majority of all communication is not verbal. Please become familiar with your actions now and allow room for others to help you in this area.
- **Books** If you are interested in reading more materials about cross cultural missions, ministry to First Nations people and west coast First Nation history please see our reading list in <u>Appendix A</u>.
- **Personal gear** You will need to pack clothes and other personal items for your mission trip. Please see our list of suggested gear in <u>Appendix B</u>.

Team Prep

Just as we ask you to prepare yourself, we ask that you prepare as a team. We see this being vital as you will work together as a team to lead Kid's Club, youth events, sing-a-longs, be in fellowship with one another, prepare meals, etc... Please use the following as a backbone to your team preparation.

• <u>Pray</u> - As a team, start praying now for your excitements, travels, fears and the people that you will be in ministry with. Pray for the needs of your specific teams and any areas that you have joys and concerns about. We suggest that your team have team prayer partners. This may be with leaders or with each other, but make this a practice that takes place during preparation, during the mission trip, and after the mission trip. Also, ask that your home congregation, school, or university prays for your team too.

- <u>Team Building</u> Start working as a team prior to your mission trip. Maybe have a sleep over or schedule some prep days to help build team work and find areas that may need some more care and encouragement. Help the team identify individual and team gifts, strengths, and challenges. Provide an opportunity for the team to ask questions and learn from each other. Also, help identify team leaders, chaperons, and specific team roles and opportunities. Please include the entire team in these preparations, including chaperons, as any changes can have great effects on team dynamics. As part of this team preparation we ask that the team fill out the Team Activity #I and #2 found in Appendix C.
- <u>Plan</u> There are so many different parts of your mission trip that need to be planned and prepared, before your mission trip can take place. Below is a list of 6 items that need to be planned prior to your arrival in Parksville:
 - **Devotions** It is important to meet together for team devotions every morning and every evening. Please make a plan of who is doing devotions when; as morning and evening devotion times should be rotated through the group.
 - Food- Your team will need to plan team meals and snacks, as well as snacks for Kid's Club (usually juice and cookies or fruit or something). Depending on how you are all travelling to Parksville, you'll have to plan where and when you will do food shopping and packing. For a meal menu example and template for your own please see <u>Appendix D</u>.
 - **Team Gear** Along with everyone bringing their own gear (see above in "Personal Preparation"), there is gear that the team will need for the week. This includes everything needed for Kid's Club, Outreach activities, food, and supplies. Depending on accommodations, some teams camp outside or inside a building, so there will be gear you will need for camping. For a general list and outline please see <u>Appendix E</u>.
 - Kid's Club- Your team will be running a four or five day Kid's Club, which is similar to VBS (Vacation Bible School). Your curriculum needs to be sent to the BC Mission Boat office as early as possible so that our Pastoral Advisor can approve it. For more information about Kid's Club and suggested routine please see <u>Appendix F</u>.
 - Games- It is a good idea to plan a few indoor and outdoor games that you can play with the kids at Kid's Club, or for other times when there may be an opportunity. For a few suggestions see <u>Appendix G</u>.
 - Outreach Activities- It is important to plan a couple Youth nights, as well as an activity for women and an activity for men. There may be opportunities for song nights, or Bible studies as well. It is good to be prepared and flexible. For more information please see <u>Appendix H</u>.

During the Mission Trip

This is the big moment, you have done your preparation work and now you are going into a new community, culture, and <u>setting</u>! When you reach your mission community we hope that you find the people warm and welcoming. For every mission trip that we lead we ask and receive formal permission from the communities Band Council (elected leadership).

The majority of the details for the events and things that will take place during your mission trip will be the events that you plan. The BC Mission Boat liaison will help you with your community contacts and providing some additional opportunities and areas in which you and your team can be engaged and learn more about the community in which you are serving. These opportunities may look like home visits, community tour, going through a Traditional Big House, helping in the school, walking and exploring the trails and paths in the specific community and more.

Though your daily schedule will be very dependent on you and your team, we have provided a general daily routine that you can reference to. This can be found in <u>Appendix I</u>.

Guidelines

Just like most great things in life we have some guidelines that we ask for you and your team to follow. These have been put into place based on biblical models, mission community requests, past experiences, and to ensure that you can have the best experience possible. If you have any questions or concerns we ask that you would bring these forward prior to your arrival.

- <u>**Travel In Pairs</u>** It is recommended that team members never walk individually in a new community but always with a partner or in a group. This is a biblical model that is taken seriously as to allow us to share, aid, and assist each other in any situation that maybe presented to you.</u>
- <u>Children and Youth</u> At all times a minimum of 2 team members must be present while working with children and teens. This will help prevent putting yourself in a compromising situation which could result in a negative situation.
- <u>Personal Property</u>- Put away or lock up all personal items and valuables as they are your responsibility. In the same way please respect others property. We are not responsible for lost, damaged or stolen items.
- Lock All Facilities Always lock all facilities, if possible, when they are not in use. This helps insure the security of the various facilities and the location in which we will be staying.
- **Photography** If you wish to photograph cultural events or part of the community, permission *MUST* be obtained from the band office or via an elder or council member. If you wish to photograph individuals, permission *MUST* be received from that individual and in the case of a minor, please use our permission forms as mandate by the Canadian Government, FOIPP act.
- **Follow rules** Community policies and by-laws must be adhered too. This includes curfews, sacred space, no drug and alcohol policies, etc...

Closing Thoughts

We greatly appreciate you reading through all this material, thus taking a step in preparing yourself for you mission trip. Since the day that you and your team have signed up with the BC Mission Boat Society, the office staff has started praying for you and the community in which you will be in ministry with. We are excited to meet you in the coming weeks or months and for the opportunity to serve in missions together.

If you have any questions, we ask that you first talk with your Leaders. If further information is needed please contact us so that we can help in providing whatever information you may need.

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Appendix A: Books

Ministering Cross-Culturally: An Incarnational Model for Personal Relationships by Sherwood G. Lingenfelter, Marvin Keene Mayers

• In Ministering Cross-Culturally, the authors demonstrate that Jesus needed to learn and understand the culture in which he lived before he could undertake his public ministry. The authors examine how this can help us better understand what it means to establish relationships of grace with those from different cultural and social backgrounds. Drawing from the authors' rich experience on the mission field, this book will benefit anyone who wants to be salt and light in a multicultural and multiethnic world.

God's Little Ships: A History of the Columbia Coast Mission

by Michael Hadley

• The men and women of the Columbia Coast Mission ships, legendary figures in the history of the BC coast, are brought vividly to life in this readable, well-researched volume. From 1904 to the mid-1970s, the mission sent out ships in all kinds of weather, delivering medical care and non-sectarian spiritual support to logging camps, Native villages and white settlements in 20,000 square miles of rugged coastline. John Antle, who founded the mission, was a devout and practical Christian who measured his success in services to BC's outposts, rather than material wealth or number of converts. Immortalized in Margaret Craven's *I Heard the Owl Call My Name*, and in the hearts and memories of families all over the coast, the mission was a glad, bold organization that could be as rough-cut and unconventional as the individuals it served.

I Heard the Owl Call My Name

by Margaret Craven

 Here amid the grandeur of British Columbia stands the village of Kingcome, a place of salmon runs and ancient totems - a village so steeped in time that, according to Kwakiutl legend, it was founded by two brothers left on earth after the great flood. Yet in this Eden of such natural beauty and richness, the old culture of totems and potlatches is under attack - slowly being replaced by a new culture of prefab houses and alcoholism. Into this world, where an entire generation of young people has become disenchanted and alienated from their heritage, Craven introduces Mark Brian, a young vicar sent to the small isolated parish by his church. This is Mark's journey of discovery - a journey that will teach him about life, death, and the transforming power of love. It is a journey that will resonate in the mind of readers long after the book is done.

Just Ask Us: A Conversation with First Nations Teenage Moms

by Sylvia Olsen

In many First Nations communities, teen pregnancy is common. In some Coastal Salish communities on
southern Vancouver Island, British Columbia, estimates are that as many as 70 percent of new families are
started by teen parents. Sylvia Olsen takes us behind the "native girl with baby" stereotype to try to
answer that question. We enter a conversation with Coast Salish teen mothers and hear first-hand their
thoughts on sex, relationships, birth control, abortion, pornography, sex education, self-image, life on the
reserve, and much more. Sometimes challenging, sometimes appalling, and always compelling, their stories
are essential reading for people in any community who are dealing with teen pregnancy or seeking to
better understand why it happens.

WHAT TO BRING ON YOUR TRIP

One of the most frequent questions we are asked is in regards to what to pack and bring along. Though this can depend on your team's accommodations and time of year, we have put together a general list of items that we would suggest you bring.

Clothing Needs

- Warm jacket or wind breaker (evenings can still be breezy cold)
- Rain Gear (if your jacket isn't waterproof)
- Sweats and t-shirts
- Jeans
- Shorts
- Bathing suit
- Towels
- Flip-Flops (when using showers)
- Comfortable walking shoes or hiking boots (if you bring hiking boots, you may want to bring a pair of runners for on the boat)
- Sunglasses and/or Sun hat
- Conservative sleepwear as your sleeping accommodations may be communal (light jogging wear is usually most comfortable)
- Personal needs i.e. soap, shampoo, toothpaste, towels

When selecting your clothing we suggest you pack with the intension of wearing layers. We have found it to be the best way to dress as the weather throughout the year is quite variable and there is usually a breeze near the water. If traveling through the Fall, Winter or Spring seasons rain gear is a must. Summer time on the coast is the dry season, but it is very unpredictable and rainfall is possible. Temperatures can range from 15-30 degrees Celsius (55-85 degrees Fahrenheit) depending on the wind speed, wind direction, cloud cover and rainfall.



Team Activity #I

Please complete the following questions with your team. These are intended to help you start talking about your coming mission trip and the dynamics of your specific team. Please mail when finished as these will also be used by the BC Mission Boat staff to get a glimpse of the team and your understanding of the mission trip to come.

1. What do you consider are the team's strengths for this mission trip?

2. What are some possible threats, risks, or things that could go wrong while in the community?

3. What are some of the team's weaknesses and how could you use your team's strengths to overcome them?

4. What opportunities do you see for ministry while you are in the First Nation community?

B.C. Mission Boat



I. What do you see the purpose of your team being?

2. The vision of the BC Mission Boat Society is "Connecting people in coastal British Columbia communities with God's Love." How do you see your purpose, as stated in #1, fitting into this?

3. How do you see or feel that you may be connected with God's love?

4. How are and will you be able to share God's love in the First Nation community you will be visiting?

Appendix D: Meal Menu Example

Snacks:

(Please feel free to use or change this example, or create your own!)											
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
	Cereal	Bacon	Cereal	Pancakes	Cereal	Cereal					
	Toast	Eggs	Toast		Toast	Toast					
	Granola		Granola		Granola	Granola					
	Yogurt		Yogurt		Yogurt	Yogurt					
	Oatmeal		Oatmeal		Oatmeal	Oatmeal					
Soup	Sandwiches	Pizza Buns	Hotdogs	Wraps	Soup						
Grilled	Cold Cuts		Kraft	Cold Cuts	Tuna						
Cheese		Raw Veggies	Dinner		Melts						
	Raw Veggies			Raw							
				Veggies							
Perogies	Chicken	Tacos	Roast	Spaghetti	Chicken						
Smokies	Stir-fry		Potatoes	Garlic Buns	Potatoes						
Salad	Rice		Carrots	Salad	Coleslaw	X					
	Corn		Onions								
Cookies	Cookies	Cookies	Cookies	Cookies	Cookies						
Pretzels	Pretzels	Pretzels	Pretzels	Pretzels	Pretzels						
Granola	Granola	Granola	Granola	Granola	Granola						
Bars	Bars	Bars	Bars	Bars	Bars						
	Sunday Soup Grilled Cheese Perogies Smokies Salad Cookies Popcorn Chips Pretzels Granola	SundayMondaySundayCereal Toast Granola Yogurt OatmealSoup Grilled CheeseSandwiches Cold CutsPerogies Smokies SaladChicken Stir-fry Rice CornCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels Granola	SundayMondayTuesdayXCereal Toast Granola Yogurt OatmealBacon EggsSoup Grilled CheeseSandwiches Cold CutsPizza Buns Raw VeggiesPerogies SaladChicken Stir-fry Rice CornTacosCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels Granola	SundayMondayTuesdayWednesdayXCereal Toast Granola Yogurt OatmealBacon EggsCereal Toast Granola Yogurt OatmealSoup Grilled CheeseSandwiches Cold Cuts Raw VeggiesPizza Buns Raw VeggiesHotdogs Kraft DinnerPerogies SaladChicken Stir-fry Rice CornTacosRoast Potatoes Carrots OnionsCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels GranolaCookies Popcorn Chips Pretzels Granola	SundayMondayTuesdayWednesdayThursdayImage: SundayCereal Toast Granola Yogurt OatmealBacon EggsCereal Toast Granola Yogurt OatmealPancakesSoup Grilled CheeseSandwiches Cold CutsPizza Buns Raw VeggiesHotdogs Kraft DinnerWraps Cold CutsPerogies Sandkies SaladChicken Stir-fry Rice CornTacosRoast Potatoes Carrots OnionsSpaghetti Garlic Buns SaladCookies Popcorn ChipsCookies Popcorn ChipsCookies Popcorn ChipsCookies Popcorn ChipsCookies Popcorn ChipsCookies Pretzels GranolaCookies PretzelsCookies PretzelsCookies Pretzels GranolaCookies Pretzels GranolaCookies Pretzels GranolaCookies PretzelsCookies Pretzels GranolaCookies Pretzels GranolaCookies Pretzels GranolaCookies GranolaCookies Pretzels GranolaCookies GranolaCookies GranolaCookies Granola	SundayMondayTuesdayWednesdayThursdayFridayXCereal Toast Granola Yogurt OatmealBacon EggsCereal Toast Granola Yogurt OatmealPancakesCereal Toast Granola Yogurt OatmealSoup Grilled CheeseSandwiches Cold CutsPizza Buns Raw VeggiesHotdogs Kraft DinnerWraps Cold CutsSoup Tuna MeltsPerogies SaladChicken Stir-fry Rice CornTacosRoast Potatoes Carrots OnionsSpaghetti Garlic Buns SaladChicken Popcorn Chips Pretzels GranolaCookies Popcorn Chips 					

	Popcorn Chips Pretzels Granola Bars	Popcorn Chips Pretzels Granola Bars	Popcorn Chips Pretzels Granola Bars	Popcorn Chips Pretzels Granola Bars	Popcorn Chips Pretzels Granola Bars	Popcorn Chips Pretzels Granola Bars	X
Meal ↓ / Day ∟ >	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast							
Lunch							
Supper							

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Appendix E: Team Gear

Here is a general list, and you can fill in what is applicable for your mission trip.

Kid's Club:

- Snack- (juice, snack, cups, napkins/paper towels)
- Craft Supplies & Activity Sheets
- Props or Puppets for stories
- Games Equipment
- _____
- _____

Outreach Activities:

- Youth Nights
 Youth Nights
 Adult Events (Song Night, Men's Night, Ladies' Craft Night etc.)
 Adult Events (Song Night, Men's Night, Ladies' Craft Night etc.)
 - 0
 - 0

Food and Supplies:

- Food for Team meals and snacks
- Toilet Paper, Paper towel, Kleenex...
- Garbage bags, Saran Wrap, Tinfoil, Ziploc bags etc...
- First Aid Kit
- _____
- _____

Accommodations (varies depending on where your team is staying):

- Sleeping bags & Pillows
- Camping Gear (if camping)
- -
- ____

Other resources:

- -
- _____
- _____
- _____

What's the goal?

The goal of this curriculum is to connect children and youth with Jesus, and equip them to live the way Jesus would. Often, God uses circumstances in our lives to draw us into a closer relationship with Him. It's the same on the mission field. PRAY that God would give you His heart for the children and the people you meet. Then WATCH for special situations. And LOVE the people like Jesus does. Use the curriculum as a TOOL to get to know the children so you can speak into their lives and show them the love of Christ. Oh...and HAVE FUN! "Over prepare, and then go with the flow!" is a great motto for your trip.

Remember...

The BC Mission Boat Society is committed to helping to strengthen existing ministry. The long-term goal is to identify, equip, and encourage the people there to develop their own Christian education programs. Your witness for Christ is powerful! Let them see Christ in you. Let them feel Christ touching their lives.

Plan before...

- Discuss a 'bathroom' plan. How will this be handled?
- Make sure your first aid kit is handy.
- You may find it helpful to take some of the older ones (pre-teen or early teen) and split them up to be helpers with other groups. The older ones can assist the younger ones. This eliminates some of the problems you may encounter with distractions if this age group feels they are bored. Alternatively, if your team has someone with special youth activities and discussions, that team member should move the group to a more private area for part or all of the day's session.
- At the end of each day, be sure to clean up the area completely. At the end of the Kid's Club, the facility should look as good, or better, than you found it.
- It's good to have a routine that will remain consistent throughout the week. Here is a suggested routine we have found helpful:
 - Games or Activity Pages
 - o Singing
 - o Prayer
 - o Bible Story
 - Application
 - o Snack
 - o Prayer
 - Craft

Teaching Tips

Try to learn the story so you can "tell it" instead of "reading it." Trust God to give you the right words. You can tell the story as it is written, use a skit, or a puppet show.

If you are able to, you could invite and Elder to join in on the Kids Club or even to a portion of it. This sends a message of respect to them for their position in the community and the honor accorded to your group for being there.

Beginning

It will take some time for the majority of the children to arrive for Kid's Club. It is helpful to play some games or have activity sheets handy so that kids can be occupied as others are still arriving. Also, have one or two volunteers at the door greeting the children, youth, and parents who come to Kid's Club. There are attendance sheets that should be filled out as children arrive each day. Provide each child with a nametag (stick-on is preferable to pins that may injure), or a nametag necklace. Ensure each team member is also wearing a nametag.

Praying

Remember, when you pray during Kid's Club, you are showing children how easy it is to speak to our Father in Heaven. Repeat after me prayers work well, especially if it is short phrases that the children are repeating.

Children's Singing

A very important part of the curriculum is teaching the children songs, and showing them how to worship God through those songs. Songs can be included in your opening or closing time each day, or used as a transition. Children love to sing and dance! Songs with actions are perfect for Kid's Club. You may notice that many children are shy at first, but as they are encouraged, they will learn to enjoy singing.

Bible Stories

One way we have found to be effective for telling the Bible Stories is to have people act out the story while it is being read aloud. It is great opportunity to have the children from the community having an active role in this too.

Puppets

Always go over well with children. Puppet skits would work for the application questions, because the children tend to focus more listening to puppets. To make the puppets effective, be sure to practice with them. Read over the script you will be using as you manage the puppet, especially if you plan to 'talk' back and forth with the puppet. Be prepared for unusual responses from the children.

Games

Depending on the location of your Kid's Club, the amount of space you have for games may be limited. Games can be played outside as well, but remember to set clear boundaries for the games.

Snack

There is a time during the curriculum for snack. However your team might decide to just hand out snack at the end of the program too.

Finally...

Remember to pray as a team at the end of each day. Try not to put your expectations on the event or the outcomes. Do not be disappointed in small numbers. God works in ways we cannot comprehend. He has brought you to this community to do a Kid's Club for His reasons. So Trust Him!

Appendix G: Games

Here are some ideas that you could use for games. Feel Free to use your own ideas too! Remember to set clear, simple boundaries and guidelines, and to... HAVE FUN!!

Variations of Tag

Tag is a game of endless variations. Kids can just create their own game at any time. Variations often go by different names depending on where you learned the game. It's all fun!

- <u>Frozen Tag</u> if you're tagged by 'it' you freeze until you are rescued. Use your creativity for rescuing techniques: you have to limbo under an arm; the frozen person makes a shape that you have to go through or under; you have to give the person a hi-5; both of the person's hands have to be tapped before they are unfrozen, etc.
- <u>Tag with safe zones</u> kids call this being 'T', whatever that means. In not-so-young-at-heart terms, this means being 'safe' from the person who is it. There are endless ways that you could come up with for players to be safe: they have to touch a certain color, they have to link arms with another person, lay on their back like a dead rat, sing a Hilary Duff song, somehow get themselves off the ground (I call this version Floating Tag great on a playground), touch a tree...
- <u>Chain Tag</u> 'it' is now a group of two, holding hands, when someone else is caught, they join the chain, when the chain has four people in it, it breaks to make two groups of two and so on until everyone is part of a chain
- <u>Blob Tag</u> if you get tagged, you hold hands and join the 'blob' which keeps growing until everyone is part of the blob (you need a restricted playing space for these last two versions)
- <u>Sitting Tag</u> if you get tagged by 'it', then you sit in one place. If you are able to touch someone who has not yet been tagged, then they sit and you are back in the game
- <u>Zombie tag</u> The person who initially "it" is a Zombie. When the zombie tags someone, they also become a zombie and also help tag players who haven't been tagged yet. The game continues until everyone has been tagged. This is a good version of tag when you have players of various ages or running abilities.
- Everyone's It! just shout this for the final variation and see what happens!

Duck Duck Goose

• The Children sit in a circle facing each other. One child is standing and touching each child in turn on the shoulder saying, duck, duck etc., until he touches one child and says GOOSE. The goose child then gets up and has to go around the circle and get to his starting place before the other child who touched him sits in his place after going around the circle the other way. Whoever is left standing goes around the circle saying duck, duck etc...

Cat and Mouse

• Form a circle with two players, the cat outside the circle, and the mouse inside the circle. When the cat moves into the circle, the mouse exits, and the cat must follow the same path the mouse takes, weaving in and out of the circle and tag him. Variations could have the circle with joined hands, opening and closing "mouse holes" by raising and lowering hands with a chant as the mouse and cat scramble through it.

Fruit Basket Upset

Chairs are arranged in a circle with one less than the number of players. (Or use paper plates outside
 - one foot must be touching for it to be occupied.) Alternating players are given names of several
 fruits. The player left in the middle calls out the name of one or more fruits and those players must
 change seats (paper plates). Whoever is left without a seat then calls out one or more. Calling "Fruit
 basket upset" requires everyone to change seats. A variation for smaller groups is
 STIR FRY - each
 player is a different vegetable or fruit, and "Wok's for dinner" causes everyone to move.

British Bulldog

• One person is the 'bulldog' and stands in the center of the play area. Everyone else lines up at one end of play area. When the bulldog yells, 'British Bulldog', everyone runs to the far end of the play area, avoiding the bulldog. To capture someone, the bulldog must tag a person and then that person becomes a bulldog too. The last player caught is the bulldog for the next round.

Fish Net

• Depending on the size of the group, choose one or more sets of three people to be fishnets. Other students are the fish. Game is played within pre-established boundaries. Fish net group must hold hands and move in a line to try to surround a fish. People on the ends on the fishnets clasp hands to complete a circle around the fish to capture him.

Follow the Leader

• This can be combined with an obstacle course, or simply with a walk. Make teams of children. Decide in advance what your course will be and what your "dos" will be. Do not make repetitions and if you "wing it" it could be boring to them. Hop, skip, run, go backwards, sideways, pretend you are a dolphin, a raven, a frog etc...

Hot Potato

• Gather children into a circle (standing or sitting) and give one player the "hot potato" that will get passed around. Start music and children must pass the "hot potato" around in the circle until the music stops. Once the music stops, whoever is left with the potato in their hand is out and must leave the circle. Start the music again and repeat until there are 2 players left. Whoever ends up without the potato between the last two players is the winner of the game.

Giant Rock Paper Scissors

Split children up into 2 teams and create a center line in the playing area and a safe zone on each side of the line (usually at the back or touching the back wall if in a gym or room). Each team gathers on their own side to decide if they want to be the Rock (crouch down on the ground to make a rock shape)
 Paper (standing with arms reaching in the air and spread apart and legs standing apart to seem like a big piece of paper) Scissors (arms both stretched in front of you one higher than the other and can come together like scissors). Give a time limit for this. Once the teams have decided they both meet in the middle of the playing area, each on their side of the line and say " rock, paper, scissors!" Right away once this is said, the teams each make their collective choice of a rock, paper or scissors. The team that wins (Rock beats scissors, Paper beats rock and Scissors beat paper) chases the losing team members unless they make it to the winner's safe zone first. Repeat until there are no longer any team members on one side.

Red Light Green Light

• Designate one person as "it" who will play the traffic light. This person will tell the other players if it's a Red light (stop) or Green light (go). Other players line up about 20 feet away. The traffic light turns away from the other players so he/she can't see them and calls out either red light, or green light. When they call out green light, the players move towards the traffic light but the traffic light doesn't turn around. When the traffic light calls out red light, they quickly turn around and the other players must stop moving. If he/she catches any of the other players moving after saying red light has to go back to the starting point. Play continues until someone reaches and tags "it." That person then becomes it.

What Time is it Mr. Wolf

Choose one play as the wolf who will be "it." Other players line up against a wall or behind a line and whoever has been designated as the "wolf" goes and stands at the other end of the room or across the way from the line up of players. (about 20 feet away) The group of players yell, "What time is it Mr. Wolf?" and the Wolf yells out a time such as 10 o'clock and the children must take 10 steps closer to the wolf. For each time called, that equals the number of steps closer the players must take. After 2 or 3 times, instead of calling out a time, the wolf can say "Dinner Time!" and turns around and runs after the players. The other players need to run back to the wall before they are caught by the leader. If the wolf catches anyone, they become the new wolf.

Appendix H: Outreach Activities

Outreach is often challenging, but always rewarding. Here are a few simple guidelines and ideas to help you plan your outreach activities. Remember to pray. Ask the Lord to open the right doors and give you opportunities to share Him with people and He will guide you.

Use the skills of the team. If you have a person that is gifted in working with children or someone who is comfortable leading adults' discussion group, use those people! This does not mean that everyone cannot help out – in fact everyone who feels called should be involved so that they can learn new skills and discover their talents.

Check with local leaders to see if they have events they would favor once you are in the community. This will have been part of the pre trip planning done by the Mission Boat office for your team but we always recommend checking once on site.

Team Outreach Ideas

Ask the adults or teens to suggest an activity, or if they have any events when you are there that you might be able to join in.

Walking Around:

Team members can walkabout in twos, introduce themselves and visit. A general rule, as much as possible, team members in small groups should be encouraged to be out meeting and talking with people. God will open doors, and maybe it will be talking to someone on the street.

Youth events:

Bonfires, storytelling, swimming, games, music, crafts, and Bible studies on real life issues all go over well with youth. Their needs are different than younger children. Ask them what they would like to talk about.

Adult events:

These events can be as simple as having coffee or as complex as planning a course or Bible study. They will depend on the skills and interests of your team and of the community. Some events that have worked well in previous trips are Men's Bible Study Nights, or Ladies' Craft Nights. During Ladies' Craft Night you can share a devotion or something that connects the craft to God's love.

Visitations:

The Mission Boat staff member will have a list of people we stay in touch with who would appreciate a visit. Ask those that you meet who might like a visit from some of your team members. In most communities there are those that are lonely or housebound who really appreciate a caring visit. These visits should always be done with two or more team members.

Fellowship or Song Nights:

Sometimes it is fun to just have an evening of singing and sharing. Depending on where you are and what time of year it is, you might be able to have a campfire too!

Barbecues and Potluck Meals:

Join the community in a barbecue or potluck dinner. Music is always great at these events. If you plan a barbecue after a VBS, it may be nice for the children to have a skit, story, song or craft to share with everyone.

Appendix I: Daily Routine Suggestions

Remember all activities should be flexible. For most teams there will have been dates and times established for the Kid's Club. Beyond this we recommend planning fellowship, teen and other events once you are in the community. This provides some better understanding for what events would be best and other things that may be going on in the community. But bring material and ideas along so that you can plug them in where there is the need and the time.

Meals - Cooking/Cleaning

We normally recommend that you try and establish meal times and rotate cooking responsibilities so that you can structure your open time in each day. This allows the whole team to have the opportunity to participate in outreach activities.

Briefing (morning)

We recommend that during or after breakfast your team has a briefing on the day's planned activities. This will include a general outline of what you are doing that day and a time to share thoughts, devotion, and prayers for guidance. This can also be a time to assign tasks. You will want to be sure to have time to rehearse anything necessary for your events that day.

Debriefing

As important as it is to spend time reaching out to others, you must also spend time taking care of yourself and your spiritual needs. This is the time for making notes on the events of the day and sharing the experiences you have had. It is a time for a Bible study or devotion. Your team may have one person lead this session for the week or everyone may take a turn. It is important to remember people have different comfort levels with this type of sharing and that should be respected.

When you discuss the day's activities we encourage you to share how you saw God's love share, connected or felt throughout the day in yourself or in others.

Please try and note the names, addresses and phone numbers of people that you wish the BC Mission Boat to keep in contact with throughout the year.

Remember as you debrief that there are times the team will get to see results of sharing His word, and times they will not. When a volunteer goes into a mission team it means acceptance that they may not see change or impact from their service. God takes small seeds of faith and nurtures them according to His time, not ours. All team members should take heart that they have been blessed by His love to take part in the event, meet people from a new community and culture, and feel their own faith strengthen by serving.